

QP CODE

C2136

Enrollment Number:

Name:

M.A. DEGREE EXAMINATIONS, AUGUST 2025

Fourth Semester

M.A. Sociology

M21SO02SC – Personality and Counselling - II

(2023 January admissions)

Time: 3 Hours

Max Marks: 70

Section A

Answer any ten of the following questions in a word or sentence each. Each question carries 1 mark.

1. What is meant by Cue?
2. According to Dollard and Miller what is Psychotherapy?
3. Define Egocentrism of Piaget.
4. Write any two physiological needs of an individual.
5. What is meant by 'Real Self' of Carl Rogers?
6. Write the definition of Career Counselling given by Vernon G Zunker.
7. What do you mean by Career Mismatch?
8. Who are the beneficiaries of Career Counselling?
9. List out any two benefits of Stress and Burnout Counselling.
10. Expand CBT.
11. Write any two goals of Family Counselling.
12. Mention any two roles of Counsellor.
13. What do you mean by Group Counselling?
14. Write any two merits of Counselling.
15. What is 'Real Self' according to Rogers?

(1X10=10)

Section B

Answer any five of the following questions in two or three sentences each. Each question carries 2 marks.

16. Write any two benefits of Career Counselling.
17. Describe the Reinforcement theory of Dollard and Miller.
18. How would you define Reinforcement?

19. What do you mean by Habit?
20. Which stage of cognitive development of Piaget stands for Creativity and autonomy?
21. What is meant by Schema?
22. Explain the cognitive scientific metaphor of Kelly.
23. Write any two safety needs of human beings as pointed out by Maslow.
24. Write a note on Unconditional Positive Regard of Rogers.
25. List out any two benefits of Marital Counselling.

(2X5=10)

Section C

Answer any five of the following questions in a paragraph each. Each question carries 4 marks.

26. What do you mean by Empathy?
27. Explain the techniques used in Family Counselling.
28. Discuss the benefits of Group Counselling.
29. Specify the goals of Marital Counselling.
30. What are the qualities characterized by Self Actualization?
31. Elucidate the key principles of Career Counselling.
32. Write a paragraph on Personal Constructs proposed by George Kelly.
33. What is Jonah complex described by Maslow?

(4X5=20)

Section D

Answer any three of the following questions in two pages each. Each question carries 10 marks.

34. Explain the benefits of Family Counselling.
35. Write an essay on the issues related to Counselling Process.
36. Discuss the common problems and issues which can be seen in Marital Counselling.
37. Elaborate the hierarchy of human needs as proposed by Abraham Maslow
38. Critically evaluate the humanistic approach of Carl Rogers.
39. Analytically examine the components of Social Learning Theory of Julian Rotter.

(10X3=30)