

QP CODE

Enrollment Number:

B2086

Name:

M.A DEGREE EXAMINATIONS, MARCH 2025

Third Semester

M.A Sociology

M21SO01SC – Personality and Counselling - I

(2023 January admissions)

Time: 3 Hours

Max Marks: 70

Section A

Answer any ten of the following questions in a word or sentence each. Each question carries 1 mark.

1. From which language the term 'personality' has derived?
2. Name the pioneer of Psychoanalytic theory.
3. Name the stage, infants learn about the world through their senses and actions.
4. According to whom personality is composed of a set of traits that are consistent across different situations?
5. Which tool is used to measure social relationships and dynamics within a group?
6. The type of counselling, which allow clients to share experiences and support each other?
7. Name the process of thinking about one's own thoughts, feelings and behaviours.
8. Who proposed nativist theory of Language Development?
9. In Which stage where the counsellor and client the counselling process moves to a deeper level of exploration?
10. Name one technique of counselling.
11. Give one component of Emotional Development.
12. Who stated "Personality is the dynamic organisation within the individual of those psychophysical systems that determine his unique adjustments to the environment."?
13. What does IACP stands for?
14. Who proposed Theory of Cognitive Development?
15. Give one theory of Emotional Development.

(1X10=10)

Section B

Answer any five of the following questions in two or three sentences each. Each question carries 2 marks.

16. Define personality.

17. Explain self-concept.
18. Meaning of Psychomotor Development.
19. Analyse the role of language in shaping the personality.
20. Briefly explain Solution-Focused Brief Therapy (SFBT) of counselling
21. Purpose of Anecdotal Records.
22. Describe the key components of Sociometric tests.
23. Meaning of Psychodynamic Therapy.
24. Describe the importance of Active listening in counselling.
25. Brief the various activities of a counsellor.

(2X5=10)

Section C

Answer any five of the following questions in a paragraph each. Each question carries 4 marks.

26. Evaluate the nature of personality.
27. Explain the environmental factors affecting personality.
28. Evaluate the stages of Language development.
29. Illustrate the major components of Emotional development.
30. Analyse the major themes of Psychoanalytic social theory.
31. Explain the qualities and skills of an effective Counsellor.
32. Explain any four techniques of Counselling.
33. Describe the types of Assessment techniques in Counselling Process.

(4X5=20)

Section D

Answer any three of the following questions in two pages each. Each question carries 10 marks.

34. Elucidate the different theories and elements of Personality.
35. Compare and contrast Piaget's and Vygotsky's theories of Cognitive development.
36. Explain the Freudian (Classical Psychoanalytic) approach to Personality.
37. Describe the Types of counselling.
38. Evaluate the Ethical Principles of Counselling.
39. Analyse the Methods of Counselling.

(10X3=30)